



# Sensational Kids

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### Consent for the Provision of Therapy Services through Online Therapy (Telehealth)

<b>Client Name:</b>	<b>Date of Birth:</b>
<b>Phone:</b>	<b>Email Address</b>

Online Therapy is the use of telecommunication to provide therapy services to clients. The therapist typically uses videoconferencing to administer client sessions in real-time but may utilise other formats, such as email or phone for related communication. Online Therapy is sometimes referred to as telehealth or telepractice.

#### **What does an Online Therapy consultation involve?**

A Online Therapy consultation usually involves some or all of the following:

- Your therapist will discuss your child's health and health history with you and, where appropriate, offer information and advice.
- Your child with complete activities online with their therapist, just like they would in session. They may do this sitting at a table, walking around the house or while they are on the trampoline. Your child's therapist will instruct your child what they would like them to do. You may need to provide assistance or support for your child during the session.
- A portion of the session will be discussing progress, goals, homework and questions with you. A portion of the session will also be the therapist providing information/ homework via email.
- You will need to be close at hand should your child have technical difficulties.
- You are not permitted to video or audio record the consultation, unless your therapist gives you permission to do so.
- To ensure we manage all risks, you may be required to confirm your location at the commencement of the therapy session

#### **Will my privacy be protected?**

This practice is subject to the Privacy Act 1988 and must comply with obligations related to the collection, use and disclosure of personal information, including through Online Therapy. The therapist must maintain confidentiality and privacy standards during sessions, and in creating, keeping and transmitting records.

At times, audio and video recordings of sessions may be taken to support the therapist's work, as might occur in a face to face consultation. You will be informed before a recording takes place and can refuse to be recorded for any reason. The therapist will inform you of the reason for the recording and how it will be stored.



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While the therapist is obligated to meet standards to protect your privacy and security, telecommunication, including videoconference, may increase exposure to hacking and other online risks; as with all online activities, there is no guarantee of complete privacy and security protection. You may decrease the risk by using a secure internet connection, meeting with the therapist from a private location, and only communicating using secure channels.

## What does informed consent mean?

There are a few important principles related to informed consent:

- **You must be given relevant information.** Ask the therapist if you have questions about Online Therapy and the services offered.
- **You have the right to understand the information.** Ask the therapist if you do not understand.
- **You have the right to choose.** If you do not agree to Online Therapy, you may refuse to participate. You may agree to or refuse specific activities.
- **You have the right to stop using Online Therapy anytime.** You can change your mind about Online Therapy or a specific activity.
- **You can agree or refuse in writing or verbally.** You may give your consent using the form below. You may also give consent or change your mind by telling the therapist. Consent and refusal that you give verbally will be documented by the therapist.
- **You can ask about alternatives to Online Therapy.** If you refuse or change your mind about Online Therapy services, your therapist will discuss any other options with you. The therapist may or may not be able to offer alternative services.

## Written consent form:

Please tick all that apply, photograph/ scan and send back to Sensational Kids.

- I agree to receive Sensational Kids therapy services via Online Therapy (video/ phone)
- I understand that I may agree or refuse any service or part of a service at any time. I can agree or refuse in writing or verbally.
- I agree to pay for/ approve payment for online therapy sessions on completion of the service delivered and any cancellation/ failure to attend fees that are incurred within our cancellation policy.
- I understand that I am responsible for the costs incurred for online therapy sessions such as internet and telephone expenses.
- I understand that I am responsible for maintaining the privacy of my session at my own location. I will inform the therapist should I have any concerns about the privacy of my sessions.

Signature:

Date:

Name of person signing:

Date: